

Tammie Noelani Perreira, Psy.D.

Clinical Psychologist*Hawaii License PSY 1178
Mailing Address: 549 E Kahaopea Street Hilo, HI 96720
E-Mail Address: hawaiianpsychology@gmail.com

Education

2003 Psy.D. Clinical Psychology, Argosy University-Honolulu

Spirituality, Health and Healing: Assumptions and Implications for Practice Across Multiple Approaches to Care. A Clinical Research Project presented to the faculty of Argosy University Honolulu (June, 2003)

1996 M.S.C.P., Counseling Psychology, Chaminade University of Honolulu

1993 B.A., Sociology, University of Hawaii at Hilo

1989 A.A., Liberal Arts, Honolulu Community College

Licensure

Clinical Psychologist, Hawaii license PSY 1178 since April 2010
National Provider Identifier (NPI): 1093031262

Work Experience

November 2014 to Present

Employer: Waimanalo Health Center, a Federally Qualified Health Center (FQHC), Patient Centered HealthCare Home (PCHCH)

Position: **PRIMARY CARE PSYCHOLOGIST**

Role: Identify, triage and manage patients with medical and behavioral health challenges within the primary care clinic. **Duties:** Provide screening, brief intervention, and referral to appropriate treatment, for a variety of psychosocial and behavioral concerns that impact overall health and wellness of individual child and family. Be available for warm handoffs from other members of our primary care teams as well as assist to identify and proactively seek out individuals/families potentially in need of behavioral health services. Provide opportunities for expanding capacity for individual child and family through psychoeducation, patient education strategies to develop specific plans for specific change and improved health and wellbeing.

July 2010 to Present

Employer: Hawaiian Psychology LLC.

Independent clinical practice & organization/community consultation from 7/2010 to 11/2014.

Part-time organization/ community consultations only from 11/2014 to Present)

Position: **Hawaiian Psychologist**

Psychotherapy (adjustment disorders, anxiety disorders, depression, complex trauma, individual, family and group) treatment evaluation/assessment, education/training, consultation and supervision. Maintain and secure

confidential clinical records. Administrative tasks, review contracts, MOU, MOA, medical billing, maintain files, legal documents, licenses, credentialling

- Sept 2010-
Feb 2011 Hawaii State Department of Health (DOH) Child and Adolescent Mental Health Division (CAMHD). **Project Kealahou Clinical Director.**
Provide clinical leadership for a 6-year federally funded cooperative agreement designed to enhance the capacity of the Oahu system of care to provide effective mental health treatment to girls who have experienced significant trauma. Enhance workforce development by providing clinical and programmatic consultation and technical assistance/ training to project staff, state agencies, and community organizations. Conduct clinical / trauma assessments with girls eligible for the project and help Family Guidance Center psychologists conduct trauma assessments for the project. Provide clinical oversight to project staff working directly with clients, Practice Development Specialists, Intensive Support Workers and Girls Circle Facilitators.
- October 2008-
March 2009 DOH CAMHD CSO. **Transition Specialist.**
Develop sustainability plan for Trauma Informed Care initiative based on system gains through the Restraint & Seclusion Grant project (see details below), weekly team reviews for youth in acute care and or extended hospitalization, consultant to Family Guidance Center teams on complex cases, Multidimensional Treatment Foster Care (MTFC) systems supervisor. Co-trained Internalizing Disorders and Trauma Treatment module of the Clinical Foundation Training series for CAMHD and DOE system care providers/ educators. Participate in monthly CAMHD psychologist meetings, projects and additional tasks as assigned.
- June 2005 -
Sept 2008 DOH CAMHD CSO. **Restraint & Seclusion Specialist:**
Implemented Substance Abuse Mental Health Services Administration-State Infrastructure Grant (SAMHSA-SIG) “Alternatives to Restraint and Seclusions in Hospital and Residential Treatment Programs”- **I. Clinical Consultative Services** to residential treatment facilities statewide (i.e. Queens Medical Center-Family Treatment Center; Kahi Mohala Children & Adolescent treatment units; Acadia Healthcare Hawaii; Bobby Benson Substance Abuse Treatment Center and Maui Youth and Family Services) including: 1) use of positive behavioral supports, 2) involvement of families in residential care, 3) development of individualized behavioral support plans for each resident, and 4) Trauma-informed treatment approaches. **II. Training and Mentoring:** Provided leadership, professional mentoring and informational supervision to members of the state “Positive Alternatives Team” and other key staff in agencies participating in the federally funded grant project. Provide formal and informal training in the area of positive behavioral supports to individuals providing therapeutic foster care in order to increase their capacity to handle children with more severe difficulties. **III.** Develop provider “Best Practices Network” through liaison relations with key individuals in agencies in community to involve them in efforts to improve the quality of residential care and decrease the use of seclusion and restraint. Organize and structure meeting of providers to discuss best practice and disseminate relevant training. Program Evaluation: Work with research statistician to assure that performance measures and evaluation data relevant to the grant project were collected in a systematic and timely manner. **IV.**

Administration & Team Development: Attend and participate in grant project team meetings, case conferences and other meetings related to project. Keep statistical information as necessary and assist in needs assessments and research efforts. In addition to grand project, provided **Psychology consultation** to Family Court of the first circuit-“Girl’s Court” of Judge Radius. Consultations included case reviews with Girl’s Court team, direct service to youth including brief clinical interviews, administering, scoring and interpreting assessments including the Trauma Symptoms Checklist, Anxiety and Depression measures and assessments as necessary, provided written summaries and reports with treatment recommendations.

- January 2005 Argosy University Honolulu Campus. **Adjunct Faculty:** Theories of Family Therapy and Development course.
- June 2004 - University of Hawaii Manoa Kua`ana Native Hawaiian Student Development Services Kahu`ewaiola Math & Sciences Scholarship **Program Coordinator.** Provide academic and social support to graduate students to ensure success through stages of graduate school experience. Coordinate outreach services whereby the graduate students served as mentors/ resources to high school students interested in pursuing higher education in math and science disciplines. Provide consultation around education and wellness for graduate students.
- September 2004 Halau Wanana Native Hawaiian Educators in Hawaii Association **Seminar Instructor:** Hawaiian Psychology.
- October 2002- Hawaii State Department of Education Primary School Adjustment Program (PSAP)-PSAP Consultant. Waiahole Elementary and Pauoa Elementary Schools. Consultation to school teams including interpretation of diagnostic/assessment information, impact on school/classroom setting, appropriate intervention and behavioral strategies and activities for students. Observe students, assist teachers / staff in identifying student needs, provide in-service training to school personnel, consultations by phone, suggest community resources, agencies, services appropriate to the student situation.
- Dec 2004
- October 2002- Hawaii State Department of Education, Leeward District Campbell Complex- **School Based Behavioral Health Specialist.**
- January 2003
- Sept 2001- Doctoral Internship: Hale Kipa, Inc. Community Based Residential Treatment Program. **Clinical Therapist.**
- Sept 2002
- January 2000- Practicum: Windward Adolescent Day Treatment Program. **Therapist**
- June 2000
- Sept 1999- Practicum: Family Court Liaison Team. **Therapist**
- Nov 1999 Practicum: Kailana-Koko Kahi Residential and Day Treatment Program **Psychological Evaluator/Therapist.** Supervisor: Carol Nowak, Ph.D.
- January 1997- Hawaii Department of Education, Hawaii District, Waimea Elementary and Intermediate School. **Counselor.**
- August 1997
- 1995 University of Hawaii Hilo: Upward Bound. **Academic Counselor.**

- 1994 Alu Like, Inc. Hilo. **Summer Youth Counselor.**
- 1991-1993 University of Hawaii Hilo: NaPua No'eau Center for Gifted and Talented Native Hawaiian Children. **Teacher.**
- 1991-1993 Kapiolani Elementary School A+ Program. **Group Leader.**
- June 1991 John Howard Association: Ho'oulu Kuahiwi Adjudicated Youth Project: **Logistics Facilitator.**

Select Training/Certification

- 2016 Prolonged Exposure Training led by Elizabeth Hembree, Ph.D. leading expert and researcher in trauma and trauma treatment (Hawaii Psychological Association 25 CE credits)
- 2015 Hawaiian Wellness through Family Strengthening based upon Hawaiian teaching methodology with emphasis on mo'oleo (story), mele inoa (song), papa and pohaku ku 'i 'ai (board and stone to prepare food) and ho'oponopono (to repair relationships) courses with Earl Kawa'a, M.S.W. and A. Kalai Brinker, J.D.
- 2014 One Board One Stone for Every Home Project with Earl Kawa'a, M.S.W. (Keiki O Ka 'Aina grant award through the Hawaii State Office of Hawaiian Affairs' effort to perpetuate, carry on and further the practice of our ancestors)
- 2013 Ethics and Law for the Practicing Psychologist by Robert T. Kinscherff, Ph.D. (American Psychological Association 7 CE credits)
- 2013 Telepsychology Best Practices by Marlene M. Maheu Ph.D. (American Psychological Association 7 CE credits)
- 2013 Understanding the DSM-5: Problems and Prospects in the Process of Diagnostic Revisions by Greg J. Neimeyer, Ph.D. (Hawaii Psychological Association 6 CE credits)
- 2007 Trauma Education & Technical Assistance for Publicly Funded Systems
- 2007 Motivational Interviewing
- 2007 Advanced Girl's Circle Facilitator Training
- 2007 Girl's Circle Facilitator Training, Promoting Resiliency in Adolescent Girls
- 2006 Treating Youth with Severe Emotional Dysregulation: Intro to DBT
- 2006 Applied Suicide Intervention Skills Training
- 2003 Asian Pacific American Women's Leadership Institute: Discovery Leadership Fellow
- 2002 State of Hawaii Department of Health Child and Adolescent Mental Health Division- Department of Education School Based Behavioral Health (SBBH) Cross-Systems Training
- 2002 CAMHD Credentialing: Full Credential Status from 4/17/02 through 4/17/04
- 1998 Queen Lili'uokalani Trust/ Children's Center. **Haku Ho'oponopono**: Traditional Peacemaking Process Kumu: Malia Craver, Cultural Specialist
- 1998 Native Hawaiian Bar Association. **Haku Ho'oponopono**: Traditional Peacemaking Process; Kumu Likeke Paglinawan and Lynette Paglinawan

Select Presentations, Posters and Papers

- October 2007 Hawaii Psychological Association Convention Symposium. Involuntary Treatment in Mental Health: Issues and New Directions. Presented with Jim Westphal, M.D. and Audrey Hoo, Psy.D. from the Hawaii State Hospital.

- May 2007 Portland State University Research and Training Center on Family Support and Children's Mental Health "*Building on Family Strengths Conference*". Voices of Youth and Families: Advisory Group to the Cultures of Engagement in Residential Care Project of the Hawaii Department of Health Child and Adolescent Mental Health Division with co-presenters Maile Daguio, youth consumer and Carol Medina, parent consumer.
- Nov 2006 Violence- and Coercion- Free Hospital Based Treatment for Hawaii's Youth paper by Lesley A. Slavin, Ph.D., T. Noelani Perreira, Psy.D. CAMHD; and Charles St. Louis R.N., & Joan Parker, R.N. of The Family Treatment Center, Queen's Medical Center Honolulu, HI
- October 2003 Argosy University of Honolulu Clinical Research Project- Spirituality, Health and Healing: Assumptions and Implications for Practice Across Multiple Approaches to Care (Unpublished Clinical Research Project)
- May 2000 Western Psychological Association Convention, Honolulu, HI. Symposium- Working with those unlike yourself. Presented with Michael Conner, Ph.D., California State University, Long Beach; Moana Balaz, Kamehameha Schools; Cynthia Kenui, Native Hawaiian Health Scholar; Tammie Noelani Perreira, M.S.C.P.; Native Hawaiian Health Scholar. The symposium examined ethical and potentially legal issues inherent in working with populations different from yourself when you do not possess the appropriate skills, knowledge, experience or sensitivity. The program will primarily focus on indigenous Island populations.

Academic Association

Hawaiian Society of Law and Politics

Recognitions

Native Hawaiian Health Scholar
APAWLI Hawaii Fellow
HLDP University of Hawaii Hilo

Special Interest

Hawaii Cultural Practices & Family health
Bikram Yoga
Outrigger Canoe Paddling
Global Pacific Community wellness, health & education
Healing Complex Trauma
International Travel

Community Affiliations

Hui Malama o ke Kai Foundation 2007 Board of Directors Secretary
Ke Ala Laua'e & Na Wahine Council Women's Group